



**Massimilla Harris, Ph.D.**, is a practicing Jungian analyst in Asheville, North Carolina. She is also an author, teacher, award-winning quilter, and certified Solisten Provider.

Dr. Harris did her analytic training in Zurich and has practiced in Asheville for over twenty years. She is also a certified Solisten Provider. Developed by Dr. Alfred A. Tomatis, Solisten is a special kind of music therapy that enables Dr. Harris to join body and psyche in her professional practice in order to help people release the blocks to their potential and their own voice. You may learn more about this practice at [www.dynamic-listening.com](http://www.dynamic-listening.com)

More information about Dr. Harris' professional practice, life, books, and quilts is available at [www.budharris.com](http://www.budharris.com)

### Evening Lecture

**Friday, October 28, 2011 – 7:00 - 8:30 p.m.**

In this important lecture, Dr. Harris shares a multi-faceted approach to healing the Death Mother and releasing our uniqueness, courage, and ability to live with love. She reveals how this process can transform us and our world for the better.

Admission is \$25 for general admission.  
\$20 for early registration paid by Oct. 21, 2011.

### Seminar, Workshop, and Luncheon

**Saturday, October 29, 2011 – 10:00 a.m. to 3:00 p.m.**

In this empowering workshop, Dr. Harris will show how Jungian psychology can help us put aside our search for easy answers and regain the forgotten images necessary to give birth to a new and transformed life full of vitality, love, and creativity.

Admission is \$75 for general admission.  
\$60 for early registration paid by October 21, 2011.

Please bring a pencil and paper to write down your reflections about topics discussed in both the lecture and the workshop.

---

#### Events to be held at:

**Unitarian Universalist Church of Asheville**  
Corner of Charlotte Street and Edwin Place  
Asheville, North Carolina

---

Registration is available at the door. If you plan to attend please take advantage of the early registration savings by emailing [harrisseminars@gmail.com](mailto:harrisseminars@gmail.com) or calling (828) 254-2553. For further information please call (828) 251-9719.

To register by mail please send a check for the total amount payable to Dr. M. Harris along with your name, address, telephone number and email address to:

Dr. Massimilla Harris  
One Oak Plaza, Suite 308  
Asheville, NC 28801

# FACING THE DEATH MOTHER

A Guide for Healing Our Feminine Selves and Moving from Paralysis to Full Vitality and Creativity



Medusa holding Pegasus

*"The Death Mother wields a cold, fierce, violent, and corrosive power. She is rampant in our society right now."* —Marion Woodman

*"Every dark thing one falls into can be called an initiation. To be initiated into a thing means to go into it. The first step is generally falling into the dark place... falling into something or being possessed by something."*  
—Marie Louise von Franz

### Evening Lecture

**Friday, October 28, 2011**

7:00 - 8:30 p.m.

**Seminar, Workshop, and Luncheon**

**Saturday, October 29, 2011**

10:00 a.m. to 3:00 p.m.

with Jungian Analyst and Author

**Massimilla M. Harris, Ph.D.**

Diplomate, C.G. Jung Institute, Zurich

# FACING THE DEATH MOTHER

A Guide for Healing Our Feminine Selves and Moving from Paralysis to Full Vitality and Creativity



## Friday Evening Lecture

On both a personal and a societal level, the wounding of the Feminine archetype is one of the most important psychological challenges facing women and men today. Undermining this great archetypal force creates space for the deadly influence of the Death Mother, an archetype that entraps us and paralyzes our initiative, spirits, creativity, and vitality. The evening lecture is a journey deep into the human and psychological dimensions of how the Death Mother shapes our culture, as well as how many of us are held captive by the internalized effects of the wounded mothering we experienced as children. This healing path is based on the classic myth of Medusa, enriched with personal experiences and psychological insights that open our direction toward healing and renewed personal consciousness. It will help us examine our assumptions about ourselves and our lives in order to move from paralysis to full vitality and creativity—and most of all to a deeper love of ourselves, others and life.

## Saturday Seminar, Workshop, and Luncheon

In this life-changing experience, Dr. Harris will continue to lead us into our capacity to be “good enough” mothers to ourselves. This is the first step in transforming our lives and culture. Mothering ourselves gives birth to the archetypal positive mother within us that is a source of devotion, wisdom, and renewal. From this foundation vitality, purpose, authority, love, and strength evolve. The idea is not just how to heal our suffering and our past, but how to be transformed by it.

We will draw upon a tapestry of mythical images, stories, and psychological truths, to guide our journey into this most important aspect of the dark and wounded Feminine to learn how this journey can transform and enrich our lives. This important day consists of multiple approaches—lecture, seminar, and small-group work—designed to deepen your understanding of the material. *Please bring a pencil and paper.*

*“Where love reigns there is no will to power; and where the will to power is paramount, love is lacking. The one is but the shadow of the other... an unconscious Eros always experiences itself as will to power.”*

—C. G. Jung

## Themes in the Confrontation and Transformation of the Death Mother

1. Understanding the critical impact of the Death Mother on our lives as women and men
2. Facing the role of the Death Mother in paralyzing new life, killing hope, and draining our vitality
3. Learning how the institutional, personal, and psychological overlap to trap us
4. Recognizing how our culture has supported the Death Mother personally and collectively
5. Healing the effects of not being wanted by our mother, her being indifferent or wishing we were someone else
6. Recognizing our defense mechanisms such as weight, vomiting, edema, and other ways our body may turn against itself if this issue is unhealed
7. Identifying how the Death Mother creates a deadly fear of being considered inadequate
8. Analyzing how the Death Mother teaches us to fear confrontation and displeasing others
9. Understanding how the Death Mother, Medusa, must be dealt with before we can truly experience the depths of love and meaning
10. Learning how to find our way through wounding and darkness to transformation and enrichment